



JANUARY NEWSLETTER

HAPPY NEW YEAR



With this being the first newsletter of 2024 it seems fit to wish everyone a happy new year, better late than never!! The first month has flown by and there is lots of exciting events on the horizon for 2024. Together lets do our best to make it the best year for UT thus far!!



Below are the dates in which the Tuesday & Friday sessions will not be operating.

12th Feb - 18th Feb

25th Mar - 14th Apr

27th May - 02 Jun

22nd Jul - 01 Sep

PARENTS CORNER

THEODORE LEE - Why we chose UT

Back in May 2023, an email came through confirming that Toto has been longlisted to join a RPDC. At the point of receiving this news, we started to research the RPDCs; and in conversation with Toto, we only had two RPDCs on our mind. We chose UT. Due to logistic challenges (travel distance and traffic conditions from Guildford), choosing UT meant we have some time and operational management to consider. This includes communicating (and working closely) with the school and our respective workplace, along with UT coaching team, to work out the most efficient and effective timing and delivery pattern for all parties. Constant communication is a must! One would ask why we decide to invest so much in getting Toto to attend UT. Well, we saw our shadows, values, principles, and beliefs in UT.

Giving our very best

In our family, we always believe in giving the best in everything we do and to savour every opportunity given to us. Giving the best in everything we do is the best way of showing gratitude to each opportunity presented to us in life. There is no free lunch, and we have to always try our best, in everything we do, especially things that we love doing!



Making a commitment to personal excellence ensures a life full of success, passion, and fulfilment. We constantly hear the same message echoing in the bubble/gym by UT coaches, reminding and encouraging the players to give it their all. This is music to our ears!

COMING SOON

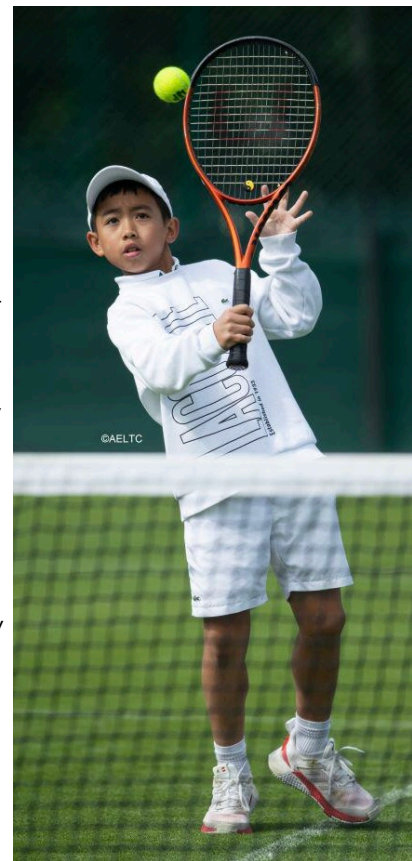
We are thrilled to be partnering up with an authentic clothing brand for the 2024 season. They are venturing for the first time into the world of tennis and have recently signed some ATP & WTA tour pros. Look out for the next newsletter, our social media accounts & website in the coming weeks for the official announcement when we will reveal the brand. This is an incredibly exciting partnership and we are looking forward to representing this amazing brand. Watch this space!!

Making mistakes and learning with humility

In giving our best in every opportunity presented to us, we/ Toto will inevitably make mistakes or make our flaws more evident to the outside world. To us, it is never an issue to make mistakes, to fall - as long as we get back up, learn with humility and move on. It is also important we move on stronger than before. In fact, we always remind Toto to pay his dues forward. To be brave and take risks, make mistakes, fall, get his hands dirty... NOW. The more mistakes he makes now, the happier we are as parents, because this means one thing - Toto is brave enough to try, and this is really all we ask for. Due to UT's collective world renowned experience, they understand the journey to success is a long one. They understand that this journey may not always be a smooth one. UT's experience in this regard provides confidence to us that Toto is in good/ capable hands, and we are heading towards a good direction.

Enjoying the process

Life is a continuous learning journey. So is making mistakes or earning certain accolades. It is crucial for us to be at peace and content with ourselves and enjoy the process. For us, if there is a purpose to what Toto is doing, and he enjoys the journey, the outcome is less important, because instead, every step matters, and every small progress is an achievement. This includes just the simple fact Toto has never given up is a big achievement in itself. There is always an objective, a purpose in why we make certain decisions as we are the best fit in knowing what Toto needs to work on/improve on. It is never about the outcome, to win a tournament. It is about setting a specific purpose, a specific objective with Toto and achieving them. UT is fully supportive on this with coaches constantly having disciplinary/ motivational discussion and sharing life lessons with each player in a tailored manner. This allows Toto to understand the key drivers of his actions and to carry them with intentions. Toto will continue to grow as a tennis player under UT's guidance.

**Final Thoughts - Overall**

Having completed first term at UT, observing how the coaches deliver the sessions, there is no doubt that these values transpire from their actions. Sharing core values, principles and beliefs is vital to a healthy relationship. Communication, conflict resolution, problem-solving, and decision-making are much more straightforward when people's morals and principles align. Toto and we are excited to be on this journey with UT.

NEW FULL TIME PLAYER

Vasilis Vrahimis



A warm welcome to Vasilis who joins us on the full time programme all the way from Limassol, Cyprus. He's one of the best players in Cyprus and has represented his country on numerous occasions, most recently at the winter cup last week in Italy. He has competed extensively at Tennis Europe level and hopes to continue his rise up the rankings before progressing onto getting his ITF ranking in the coming years. The UT team are excited to work with him, he's already shown in his short time with us a great

THOUGHTS OF THE MONTH

ALAN JONES & JO DURIE

Alan Jones & Jo Durie again give us some brief thoughts about the past month or so at the academy and the world of tennis. Find out more at www.uniquetennisacademy.com and go to the news section where you will find 2 short videos. Alan talking about the importance of players accepting difficult moments and giving some interesting stats from the final of the Aus Open. Jo asking the question if Sabalenka can be beaten in the majors this year and her journey to become the fierce competitor she is today.



Players Results



Sahara came 2nd in the 11 under G3 in chiswick over christmas and recently participated in the U11 NAGP event in Bath competing in the year above. She put in some great performances and ended up winning the event, so a big well done to her



Xander Reese played in a G5 U14 event at the NTC a couple of weeks back and was the winner of the tournament. Well done to Xander for getting stuck into plenty of competition at all levels.

Players Results



Oliwia wojtukiewicz (right) and Amelie engel-godlfarb (left) came 1st and 3rd respectively in an event over christmas, well done to both girls. Also back in November Oliwia claimed victory in a G3, showing some great progress.



Toto and Andrian played each other in the semi final of the G3 U12 in Hull, Toto prevailing and going on to win the tournament. A long journey up north but well worth it with the boys putting in some great performances.



At the start of the year Megann was victorious in an U11 G3 event. Making her way through 4 tough matches to win the event and playing some aggressive tennis was great to hear. She has recently represented GB in a friendly match and has some international events upcoming is some Ten Pro and Tennis Europe events.



Toto was very active over the christmas period playing lots of events, winning the G3 U11 in Sutton. He also participated in the swedish equivalent to our nationals in the U12, making it through to the Q/F losing out to the eventual winner of the event.



Really well done to Ethan Frater who has been out playing plenty of competition. With a healthy balance of playing in some older age groups but also under a little more pressure competing in his own age group. Most recently he was runner up in Huntingdon U16 G4 and was the winner at the U12 G3 event in Bromley.



Finally to end the players results well done to Poppy Harman who won an U14 G4 event back in November. Great work poppy keep up the hard work