



Junior Tennis Programme

Sign Up Form



Child's Name: _____

D:O:B _____ / _____ / _____

Parent/Guardian Name: _____

Email: _____

Phone Number: _____

Emergency Contact Name: _____

Emergency Contact Phone Number: _____

Please provide information about which Tennis programme you wish to sign up for stating the days and timing you would prefer.

Medical Information:

Does the child have any allergies? If yes, please specify:

Allergies: _____

Does the child have any pre-existing medical conditions? If yes, please specify:

Medical Conditions: _____

Is the child currently taking any medication? If yes, please provide details:

Medication: _____



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Physical Activity Readiness Questionnaire (PAR-Q):

Please answer the following questions by marking "Yes" or "No":

1. Has your child ever experienced chest pain during physical activity?

Yes

No

2. Does your child currently have a bone or joint problem that could be aggravated by physical activity?

Yes

No

3. Is your child currently under the care of a physician for any reason?

Yes

No

4. Does your child have a known heart condition?

Yes

No

5. Has your child ever fainted or experienced dizziness during physical activity?

Yes

No

6. Has a physician ever recommended medication for your child's blood pressure or a heart condition?

Yes

No

If you answered "Yes" to any of the above questions, please provide details below:



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Parent/Guardian Consent:

I, _____, give permission for my child, to participate in the tennis programme. I understand that there are inherent risks associated with the activity and will not hold the organizers responsible for any injuries that may occur during the programme.

Sometimes we would like to record your child's image with the intended use of displaying as promotional materials, social media posts or website image gallery.

I do not consent to my child being photographed for the purpose stated above.

Parent/Guardian Signature: _____

Date: _____

*Once completed please save and email this PDF form to jack@hazelwoodsportsclub.co.uk
You will be contacted to book in your free trail session.
